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1. **Principal’s Message**

Mary Help of Christians Primary School is a Catholic school located at sunny Sawtell on the NSW North Coast. We are part of the Sawtell Catholic Parish and our Parish Priest is Father Michael Alcock.

Visitors and new families to our school community always comment on our friendly, confident students, our warm, caring staff and the school’s commitment to high academic expectations for all students.

If you would like to have a tour of our school or talk with me about what our school has to offer you and your child, please contact our administration staff to make an appointment.

Kind regards,

Liz Watts

Principal
2. **School Information**

Mary Help of Christians Primary

School Address  
Eungella Street  
Toormina NSW 2452

Postal Address  
PO Box 20  
Toormina NSW 2452

Telephone  
02 6653 3122

Email  
mhocsawtell@lism.catholic.edu.au

Twitter  
@mhocsawtell

Website  
mhocsawtell.lism.catholic.edu

Principal  
Mrs Liz Watts

Parish  
Mary Help of Christians, Sawtell

Parish Priest  
Father Michael Alcock

Parish Office  
44 Boronia Street  
Sawtell NSW 2452

Parish Office Phone  
02 6658 3544

Skoolbag  
Download the free Mary Help of Christians Sawtell Skoolbag app to keep up to date with everything that is happening at MHOC. It features events, news, school eNews, newsletters, documents and push notification alerts direct from the school.

Newsletter  
Subscribe to our weekly newsletter.  
Visit our website and follow the link to have the newsletter emailed to you.
3. Introduction

Your child is God’s gift to you. She/he depends on you for formation of heart and mind in a way of life which will lead her/him to her/his destiny – eternity with God.

In order to attain this destiny, correct social behaviour and a growth in secular knowledge and skills are not enough. Baptism has given your child the gift of faith which is meant to be developed throughout life.

Our aim, as a Catholic School, is to work with you in this important matter. We will assist you, but can never replace you. We will give instruction not always possible by parents. We owe each other our loyal co-operation in this work of educating your child.

Open and continued communication is vital for the welfare of the children if we are to build strong relationships which will foster the growth of the child. Aiding this we:

- Hold parent information nights.
- Issue a weekly Newsletter online.
- Report to parent on children’s progress through parent interviews with provision for half-yearly and yearly written reports.
- Provide access to information via a school website.
- Conduct regular individual planning (IP) meetings for children with a verified disability.
4. Vision Statement

“I have come that they might have life and have it to the full”.

John 10:10

At Mary Help of Christians School we uphold Christ’s values, and promote and celebrate the mission of the Catholic Church.

Our school provides a personalised and flexible learning environment where we all collaborate, sharing responsibility for reaching our potential.

We accept, respect, challenge and help each other, believing that everyone can be a successful learner.

We use imaginative and innovative methods and technologies, recognising that school should be engaging, relevant, meaningful and fun.

We know that learning occurs within and beyond the classroom and we build local, national and global connections so that we can effectively participate in contemporary society.

Our school is a place where achievements are acknowledged and celebrated, and we feel we belong.
5. **Enrolment Policy**

The school caters for children from Kindergarten to Year 6, from within the Parish Boundaries, i.e. south of England’s Road and Boambee Creek to Pine Creek, south of Bonville, and will make every reasonable effort to accommodate the particular learning and access needs of every child.

Our first obligation is to the Catholic children of the Sawtell Parish although children from other Parishes and denominations may be accepted provided:

- space is available, and
- that it is felt we can fulfil a genuine need which could not be otherwise satisfactorily achieved.

In the event that more applications are received than there are places, enrolments will be prioritised in the following order:

- Catholic families;
- existing families;
- practising Christian families; and
- other families.

To be admitted, children must turn 5 by 31 July in the year of enrolment. Individual circumstances will be taken into account at the time of the enrolment process.

While fees are an unavoidable necessity, genuine inability to pay will never be the cause of a Catholic enrolment being refused or discontinued. Any financial difficulty should be discussed with the Parish Priest, Principal or Parish School Board Bursar (Ph. 02 6651 0000).

Acceptance of an application to Mary Help of Christians applies only from Kinder to Year 6. In Year 6 all need to apply for entry to secondary schooling.
6. General Information

School Hours

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>8:45am</td>
<td>Commencement Bell</td>
</tr>
<tr>
<td>11:15am</td>
<td>Lunch</td>
</tr>
<tr>
<td>1:25pm</td>
<td>Recess</td>
</tr>
<tr>
<td>-</td>
<td>Concluding Bell</td>
</tr>
</tbody>
</table>

School Fees

Each year the Parish Schools Office sets the school fees and parents are sent accounts three times a year. Every attempt is made to keep the fees at an affordable and realistic level. A schedule of fees is available from the school office and the school and PSO website http://www.parishschoolsboard.com.au/

Any parent experiencing a problem with paying fees should contact the School Principal or the Parish Bursar (6651 0000) to discuss making arrangements for a part-payment or a concession.

Attendance

Attendance on a regular basis is vital to your child’s progress. The school must be notified within 7 days of the dates and reasons for absence, in one of the following ways:

- via the Skoolbag app;
- via email; or
- by phone.

If a child is absent for two or more days, a courtesy phone call to the school would be appreciated. When a child is to be absent from school for a period of 10 or more consecutive school days, parents must seek approval from the Principal for exemption from school. Forms are available through the school office.

If you are bringing your child to school after 8:45am, please attend the school office and sign the partial absence book. If you are collecting your child before 2:45pm, you will also need to come to the office and your child will meet you there.
School Uniform

All items (except shoes) are available from Lowes, Toormina Gardens. There is limited stock of second hand uniforms available at the school.

**Boys**

<table>
<thead>
<tr>
<th>Summer</th>
<th>Winter</th>
<th>Sport</th>
</tr>
</thead>
<tbody>
<tr>
<td>Short sleeve green shirt</td>
<td>Green ankle socks</td>
<td>Green “Blocker” shorts or rugby knit shorts (no cargo shorts)</td>
</tr>
<tr>
<td>(with embroidered badge)</td>
<td>Black polishable shoes</td>
<td>Shorts</td>
</tr>
<tr>
<td>Green “Blocker” shorts</td>
<td>Green slouch hat</td>
<td>Gold sport shirt (with embroidered badge)</td>
</tr>
<tr>
<td>(rugby knit shorts only for sport) No cargo shorts.</td>
<td>Green fleecy pullover (with embroidered badge)</td>
<td>Green ankle socks</td>
</tr>
<tr>
<td>Green ankle socks</td>
<td>Green fleecy jacket (with embroidered badge)</td>
<td>Sports shoe/joggers</td>
</tr>
<tr>
<td>Black polishable shoes</td>
<td></td>
<td>Green slouch hat</td>
</tr>
<tr>
<td>Green slouch hat</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**Girls**

<table>
<thead>
<tr>
<th>Summer</th>
<th>Winter</th>
<th>Sport</th>
</tr>
</thead>
<tbody>
<tr>
<td>Overblouse</td>
<td>Overblouse</td>
<td>Green culottes or skirt or rugby knit shorts</td>
</tr>
<tr>
<td>Green culottes or skirt to size 8</td>
<td>Green culottes or skirt</td>
<td>Gold sport shirt (with embroidered badge)</td>
</tr>
<tr>
<td>Green culottes for larger sizes</td>
<td>Green ankle socks</td>
<td>Green ankle socks</td>
</tr>
<tr>
<td>Green ankle socks</td>
<td>Green stockings (optional)</td>
<td>Sports shoe/joggers</td>
</tr>
<tr>
<td>Black polishable shoes</td>
<td>Black polishable shoes</td>
<td>Green slouch hat</td>
</tr>
<tr>
<td>Green slouch hat</td>
<td>Green fleecy pullover (with embroidered badge)</td>
<td>Green slouch hat</td>
</tr>
<tr>
<td>Green slouch hat</td>
<td>Green fleecy jacket (with embroidered badge)</td>
<td></td>
</tr>
</tbody>
</table>

**Other details**

**Hair**

Hair that is shoulder length must be tied back using hairbands, ribbons or scrunchies only. Hairbands must be black, brown or dark green. Ribbons, headbands and scrunchies must be dark green.

**Trackpants**

Should only be worn in Term 2 and Term 3 when weather dictates this is necessary.

**Jewellery**

Should not be worn to school. Exceptions: plain sleepers or studs, watches. Only one conventional piercing per ear.

**Second hand clothing**

May be donated to the Uniform Shop and is available for purchase (gold coin donation).

**Other**

Accessories such as scarves, gloves must be dark green.
Supervision

Parents are reminded that supervision of students does not begin until 8:15am.

The school’s insurer, Catholic Church Insurance, has requested that the following statement be made to parents on enrolment.

“This statement is to clarify the position concerning the hours during which this school is conducted each day and for which period normal supervision of pupils is provided.

Lessons commence each morning at 8:45am and conclude at 2:45pm on Mondays to Fridays. The school grounds are open to pupils from 8:15am until 3:15pm. At all times outside the period from 8:15am to 3:15pm on Mondays to Fridays no supervision will be provided and no responsibility will be taken by the school for any consequences of the activities of pupils outside those hours (except bus children).

Would you please assist the school in the interests of the pupils’ safety by ensuring that your child does not remain in the precincts of the school outside the hours of 8:15am to 3:15pm on Mondays to Fridays.

Special arrangements will be made in relation to authorised school activities, which require attendance of pupils at the school outside these hours such as basketball training, guitar practice etc. As soon as these supervised, out-of-school activities have finished, the children are dismissed by the supervisor and are expected to go straight home.”

Afternoon travel arrangements

Your child’s teacher should be informed as to how your child travels home each afternoon. Please notify your child’s teacher or the school office of any change of routine by 2:15pm.

Bus Service

All children travelling by bus to school may apply for free bus travel. Application forms are available at the school office, and completed forms should also be returned to the office.

Children in Kindergarten, Year 1 and Year 2, irrespective of distance from school, are eligible for free bus travel. Upon entering Year 3, you must reapply by filling out another application.

If you have a change of address, you will need to fill out a new application form.

If a bus pass is lost, application should be made to the bus company for a replacement, and a fee will be charged.

Please contact the bus companies for bus routes, times and free travel eligibility criteria etc. The bus companies servicing our students are:

- Sawtell, Toormina and Boambee East  Sawtell Coaches  Ph 6653 3344
- Coffs Harbour, Middle Boambee, Bonville & south  Busways  Ph 6652 2744
- North of Coffs Harbour  Ryans Buses  Ph 6652 3201
Misbehaviour on buses can incur suspension by bus companies.

**Code of Conduct for School Students on Buses**

- Behave safely at all times
- Respect the needs and comfort of other passengers
- Behave appropriately at all times (eg. no use of offensive or racist language, fighting, spitting, placing feet on seats, throwing things in or from the bus, eating or drinking – except water)
- Protect bus property and report any vandalism
- Show travel passes or tickets to the driver on boarding and when requested
- Swipe or dip passes in ticket readers (if available) when boarding
- Only use the travel pass for its intended purpose. You should not lend your pass to other students or borrow one from them.
- Maintain possession of the travel pass at all times
- Follow the drivers instructions about safety on the bus (eg instructions on where to sit)
- Adhere to the law that bans smoking on buses
- Keep arms, legs and heads inside the bus
- Only attract the attention of the driver in the case of an emergency

**Bus Bay and Car Park**

This can be a danger zone and parents are requested to be aware and abide by school rules. Children are expected to be seated in the designated areas while awaiting buses or parents.

Children walking or cycling home should go directly home when dismissed from class. If they live west of Amaroo Crescent they must use the pedestrian crossing. Those travelling east of Amaroo Crescent should walk around the car park.

Parents dropping off and collecting children by car are encouraged to use the Kiss & Drop zone. This is a 2 minute drop off and pick up zone only, and parking is not permitted. The Kiss & Drop zone will be open each afternoon at 2:55pm. If you want to collect your child before this time, please park and walk down the path.
Communication

There are many ways you can stay informed about what’s happening at school.

- Download the free Mary Help of Christians Sawtell Skoolbag app. It features events, news, school eNews, newsletters, documents and push notification alerts direct from the school.

- Subscribe to our weekly newsletter. Visit our website and follow the link to have the newsletter emailed to you.

- The school’s website http://sawplism.catholic.edu.au contains the school calendar and other relevant information.

- Follow our school on Twitter @mhocsawtell.

- If you wish to make an appointment to speak to any staff, please email the school on mhocsawtell@lism.catholic.edu.au, or call the office on 6653 3122.

Court Orders / Custody Proceedings

For the school to be able to support children and parents it is necessary, where applicable, that we have a copy of the order and any subsequent changed orders.

Immunisation

A free clinic run by the Mid North Coast Area Health Service is available from 9:30am until 12:15pm on the 2nd and 4th Wednesdays of the month at the Child & Family Health Centre in Park Avenue, Coffs Harbour. A clinic is also available at the Urunga Resource Centre on the 3rd Thursday of the month by appointment (Ph 0428101663). On enrolment, the school requires an Australian Childhood Immunisation History Statement.

Health and Common Diseases

Good health is vital to school progress.

Immunisation is a wonderful safeguard to health and we suggest that you contact your doctor concerning protection against diphtheria, whooping cough, poliomyelitis, tetanus and measles.

It is probable that at some time during your child’s school career he/she will contract a communicable disease, e.g. chicken pox.

General Communicable Diseases

Please notify the school if your child is suffering one of the following diseases, as we are required to notify the public health unit:

- Diphtheria
- Haemophilus influenzae Type B (Hib)
Measles
Mumps
Meningococcal disease
Pertussis (whooping cough)
Poliomyelitis
Rubella (German measles)
Tetanus

Protection From The Sun Policy
The school has adopted a Protection from the Sun Policy. The purpose of this policy is to ensure that all children attending our school are protected from skin damage caused by the harmful ultraviolet rays of the sun. Children are required to wear a school hat to play in the sun and participate in sport and fitness activities. If hats are excessively faded or damaged, they will need to be replaced.

Medication
The school office should be notified of the needs of any child with regard to medication. All medicines and tablets are to be retained and administered from the office and require written authority from parents.

If your child has asthma or is at risk of anaphylaxis, you will need to provide the school with a copy of his/her ‘Action Plan’ from his/her doctor. Your child’s asthma puffer or adrenaline autoinjector (e.g. epipen) may either be kept at the office or retained by the child, at the written direction of parents.

For children on regular daily medication, special forms are available from the school office to be completed by parents before administration of medication can begin. It is the responsibility of parents to notify the office in writing of any change in medication – dosage, time of administration, cessation of medication etc.

Canteen
This is run by a voluntary committee and aims to provide a “Healthy Kids” Menu on Wednesday, Thursday and Friday. Parents are requested to volunteer to work on a roster system. A price list is available on the school website or on Skoolbag. Legal ramifications are such that we cannot allow children (including pre-schoolers) in the canteen. Orders can be submitted online through Flexischools (http://www.flexischools.com.au/) or via brown paper bags on the day, clearly identified and containing, as far as possible, the correct money, and placed in the lunch tub near the staffroom before school. Children are encouraged to spend sparingly and are not expected to have large amounts of money.
Lost Property
Please label all items of clothing, lunch boxes, drink bottles and any other personal items to ensure their prompt return should they be lost. A lost property box is located outside the staffroom.

School Banking
The Commonwealth Bank provides a student banking service through the school each Tuesday. This encourages saving habits from an early age.

School Photographs
A commercial photographer takes school photographs each year. Dates will be notified by the newsletter, school calendar and on Skoolbag.

Privacy
Your privacy is important to us. The school is bound by the National Privacy Principles contained in the Commonwealth Privacy Act.

The school may collect personal information of pupils, parents and guardians for the following purposes:

- to keep parents and guardians informed about matters related to their child’s schooling, through correspondence and newsletters
- day-to-day administration
- looking after pupils’ educational, social and medical well being
- to satisfy the school’s legal obligations and allow the school to discharge its duty of care.

For further details, you may access the school’s privacy policy on our website.

School Policies
Many of our policies are available on the school website and others are available on request.

Story & Song Time
All parents and carers of preschoolers are invited to Story & Song Time each Friday at 9:30am. Come along for stories, songs, craft and lots of fun. This is a great chance to introduce your preschooler to our school environment, whilst getting to know other parents and carers in our community.
7. **Parent Involvement**

You are always welcome at all school events. Here are some of the ways to be involved:

**Volunteering**

Volunteers must complete the CSO Volunteer Application Form. Some volunteers, depending on the activity involved, will be asked to complete a Working With Children Check.

Volunteers must report to the school office, sign in, and wear an identity badge. Volunteers must read and comply with all school Work Health and Safety regulations.

Parents who volunteer to help in classrooms will be required to attend an information session at the beginning of each year.

**Parish School Forum Team**

The Parish School Forum listens to families and seeks ways to serve their needs through appropriate support. It provides a network within the school community and is made up of a parish nominee, the school principal, assistant principal, a staff nominee and up to six parents elected by the parents of children enrolled in the school.

Members of the Parish School Forum liaise with each of the parent groups in the school.

These groups include:

- **The Bingo Committee**
  
  This group organises teams of parents to run the weekly Bingo at Sawtell RSL.

- **The Social and Fundraising Committee**
  
  This group organises many social and fundraising events in the school such as Mothers’ and Fathers’ Day stalls, fashion parades, water slide nights and more.

- **The Spring Fair Committee**
  
  This team’s specific focus is to organise our bi-annual school Spring Fair.

- **Class Parents**
  
  Each grade has at least two Class Parents. The class parents’ role is to build community and to welcome new families to the school.

- **The Uniform Committee**
  
  Members of this team run our school uniform shop and manage our second hand clothing pool.

- **The Canteen Committee**
  
  Our canteen committee oversees the organisation and running of our school canteen.
The Basketball Committee

Our school is strongly represented in every grade in the Coffs Harbour Basketball competition. Members of this team oversee team organisation throughout the school.

The Playground, Grounds and Gardens and Committee

This is a consultative group which meets to plan and organise specific playground, grounds and gardens projects.

Alumni

An emerging committee in our school community, this group’s focus is telling the story of the school’s history as well as managing and maintaining school memorabilia.

Please contact the school office if you would like to know more about any or all of these groups.

Catholic Schools Parent Assembly

What does the CSPA do for parents?

- Provide opportunities for parents to gain knowledge and understanding on how to develop healthy, resilient families and improve the educational opportunities for their children. E.g. PACE - Parenting Adolescence, a Creative Experience; How to Drug Proof Your Kids Program; Diocesan and Regional Conferences.

- Provide opportunities for parents to be part of the Diocesan decision making processes that effect student’s education, eg. membership on the Diocesan Education Board and Strategic Committees.

- Encourage and provide support networking opportunities for parents.

Further information is available at http://parent.lism.catholic.edu.au/

School Assemblies

You are welcome to attend weekly assemblies held on Fridays at 8:50am. We also hold end of term effort awards in Terms 1-3 and academic achievement awards at the end of Term 4. You will find these dates listed in the newsletter, the school calendar and on Skoolbag.

After every assembly we hold morning tea for parents and carers, which is a great opportunity to catch up with old friends and make new ones.
8. **Learning & Pedagogy**

At Mary Help of Christians, our goal is to meet the learning needs of all our students. We use a wide range of assessment strategies to identify what each child can do so that we can plan for the next steps in his/her learning. One way we address the challenge of personalised learning is in the organisation of our flexible learning spaces. In these spaces, teachers working in each grade share responsibility for all students. Children will learn in a variety of group structures depending on their learning needs.

Whilst we strive for academic excellence, we place a great importance on preparing our students to succeed in our fast-changing world. We use the Habits of Mind as a set of behaviours or dispositions that will assist children with their learning now and in the future. We aim to develop expert problem-solvers, thoughtful decision-makers and creative thinkers. We train the children to understand and use these habits to help guide their decision-making in everyday life. A description of these habits can be found on our website.
Reports & Feedback about Learning

There are many ways to find out about your child’s progress at school.

Written reports will be sent home at the end of Term 2 (June) and Term 4 (December). These will be followed by student led conferences, which provide an opportunity for children to explain their learning to their parents.

Each grade holds a learning showcase each term where children talk to their parents about their goals and reflect on their learning.

If you would like to speak with your child’s teachers at any time, please phone or email the office to make an appointment.

Library

Our library is situated in the Maginnity Learning Centre. Children are encouraged to borrow books and utilise the facilities available. The students visit the library each week during class time, and it is also available at lunch times. The catalogue can be accessed on-line at http://library.sawplism.catholic.edu.au.

All children require a bag (preferably cloth) to protect library books when borrowing. You will be notified by your child’s teacher of their timetabled library day.
9. **Religious Education**

All classes receive daily instruction and participate in Masses and class Liturgies of the Word throughout the year. Children use the text “To Know, Worship and Love”. There is a focus on MJR, Making Jesus Real, in our everyday interactions. Our mission is to promote Jesus’ life and teaching in the lives of our children. As part of this, there are additional opportunities offered to children to put Christianity into practice. At Mary Help of Christians we run a popular and successful Mini Vinnies (a junior version of St Vincent de Paul) and Junior Josephites inspired by the teachings of St Mary of the Cross Mackillop.

Sacraments

Children are prepared for the Sacraments of Confirmation, Penance and Eucharist through a parish-based Sacramental Program. Lessons and meetings are arranged by the parish and occur outside school hours. The Sacramental programs are advertised through the Church bulletin and the school newsletter.

The Parish Office can be contacted on 6658 3544. Our Parish Priest is Father Michael Alcock and our Parish Administrator is Mr Neil Wendt.

10. **Student Wellbeing**

Your child’s wellbeing is important to us. Please notify us of any relevant information or concerns that may be affecting your child’s happiness and wellbeing at home or at school.

**Peer Groups**

At Mary Help of Christians, every child belongs to a peer group. These groups are made up of approximately 8 children from Kindergarten to Year 5, with Year 6 peer group leaders. The aim of peer groups is to build a friendly, caring school community whilst providing leadership opportunities for our senior students.

Peer groups meet every 3 weeks, and the special bond created with students of all ages is a great benefit to all our children.

**School Community Behaviour Code & Restorative Practices**

As a Catholic Primary School we base our relationships on how Christ lived. Restorative justice is a process that emphasises repairing the harm caused by unfair or unkind behaviour. In dealing with conflict, the focus is on identifying the behaviours that caused the problem and listening with empathy to all the people involved so the harm can be repaired. We provide opportunities for respectful conversation aimed at restoring relationships.
The following behaviour code applies to our whole school community:

A) **SAFETY**
Everyone will act in a responsible manner, ensuring the physical or emotional wellbeing of themselves or others.

Safety is exhibited in such conduct as:
- Following staff instructions
- Using equipment correctly
- Observing rules and procedures
- Controlling temper

B) **EFFORT**
Everyone will work to the best of their ability.

Effort is exhibited in such conduct as:
- Completing set tasks to the best of your ability
- Being punctual
- Being prepared
- Participating fully in school activities

C) **RESPECT**
Everyone will try to treat others as they would like to be treated themselves.

Respect is exhibited in such conduct as:
- Speaking politely to others
- Taking care of property
- Following staff instructions
- Listening with empathy

D) **SELF-RESPONSIBILITY**
Everyone will try at all times to make the best behaviour choices and accept the consequences of their actions.

Self-responsibility is exhibited in such conduct as:
- Considering consequences of actions
- Accepting feedback
- Meeting established expectations
- Admitting mistakes and celebrating successes

Abiding by this Behaviour Code will allow us to truly live out our school motto:

“Walk Worthy of God”
11. Sport

As a vital part of the child’s overall development, Physical Education is included in the school curriculum. You will be notified at the beginning of each year of your child’s sport day. On these days children wear sport uniform to school. Upon enrolment, children are allotted a House Team for school sport carnivals.

Swimming, athletics and cross country carnivals provide opportunities for representation through the Diocesan pathways as well as the team or individual Winter and Summer sports: basketball, netball, AFL, tennis, soccer, cricket, softball, golf, diving, rugby league, rugby union.

Below is an overview of sporting events each term.

<table>
<thead>
<tr>
<th></th>
<th>ES1, Stg 1</th>
<th>Stage 2</th>
<th>Stage 3</th>
</tr>
</thead>
<tbody>
<tr>
<td>Term 1</td>
<td>Cross Country</td>
<td>Swimming Carnival</td>
<td>Swimming Carnival</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Cross Country</td>
<td>Cross Country</td>
</tr>
<tr>
<td>Term 2</td>
<td>Athletics Carnival</td>
<td>Athletics Carnival</td>
<td>Athletics Carnival</td>
</tr>
<tr>
<td>Term 3</td>
<td>Team Sports</td>
<td>Team Sport</td>
<td>Diocesan Gala Day</td>
</tr>
<tr>
<td>Term 4</td>
<td>Swimming</td>
<td>Elective Sport</td>
<td>Elective Sport</td>
</tr>
</tbody>
</table>

Participation and enjoyment is the major aim of sport at Mary Help of Christians.