Programs utilised at MHOC

RESTORATIVE JUSTICE

Marist Youth Care has a commitment to support schools in developing quality learning relationships. Our approach is inspired by the philosophy and practices of Restorative Justice, which puts repairing harm done to relationships and people over and above the need to assign blame and dispense punishment.

The aim of Restorative Practice is to create an ethos of respect, inclusion, accountability and responsibility. It seeks to build positive relationships in the school community, while at the same time, encouraging individual self-efficacy, resilience and personal accountability for behaviour.

Key skills include active listening, problem solving, listening to and expressing emotion, and empowering others to take ownership of problems and learn from their experiences.

(Excerpt from the Marist Youth Care website)


SEASONS FOR GROWTH

Seasons for Growth is based on the belief that change, loss & grief are a normal & valuable part of life. Children, adolescents & adults need the opportunity to examine how issues such as death, separation & divorce have impacted on their lives.

Seasons for Growth provides the opportunity for each participant to integrate, at his/her developmental level, the appropriate knowledge, skills & attitudes to understand & cope with change, loss & grief. This takes place in an atmosphere of like to like peer support. (Seasons for Growth Companion Manual p4)

https://www.goodgrief.org.au/seasons-for-growth

KIDS MATTER PRIMARY

Childhood is a crucial time for growing healthy minds. All children need care and support to develop and learn. Some children need additional help to reach their potential. KidsMatter is a mental health and wellbeing framework for primary schools and early childhood education and care services, and is proven to make a positive difference to the lives of Australian children.

http://www.kidsmatter.edu.au/

PLAYING AND LEARNING TO SOCIALISE

P.A.L.S is a social skills program for young children, which teaches children skills to constructively solve problems which arise in social situations. Children who participate in a “Games Group” are involved with developing these skills.

OTHER ACTIVITIES

- At times during the year some students are invited to participate in other programs such as BRIDLES (BY RIDING I DEVELOP LIFE SKILLS), GYMNASTICS, COOKING. These activities provide an alternative learning environment where social skills can be developed and practised.
- LUNCH CLUBS are available as an alternative to playground activities for students in Years 3-6 and can include chess, checkers, board games, table tennis, IT games & library.
- PASSIVE PLAY is an area where students in Kinder to Year 2 can access play equipment & sandpit in a quieter space than the busy playground.